

Outpatient Brain Injury Program

The Outpatient Brain Injury Program at Carolinas Rehabilitation is a comprehensive, interdisciplinary treatment program that is tailored to meet the specific needs of each participant. The program may include individual therapies, group therapies, team planning meetings and family conferences. The overall functional goal of the program is to maximize each individual's independence at home and in the community, and also to initiate the transition to work or school as needed.

Patient Profile

Individuals who have sustained some type of injury to the brain, such as a traumatic injury, tumor, encephalopathy or stroke with resulting cognitive impairments, are appropriate for the program. The more recent the injury, the better the prognosis for functional gains; however, individuals who have sustained an injury years ago, but never received structured rehabilitation, may benefit from the program as well.

Specialized Services

- Evaluation and treatment by members of the Brain Injury Team.
- Monthly patient planning meetings and family conferences
- Comprehensive 5 day/week day treatment program which may include:
 - Cognitive Skills Group
 - Functional Independence Group
 - Adjustment Group
 - Fitness Center
- Cognitive retraining to teach use of compensatory strategies and aids
- Vocational rehabilitation consultations
- Transition to vocational services for return to work planning
- School consultation by Cognitive Education Specialist to facilitate school re-entry
- Driving evaluations
- Vision evaluations, retraining and education regarding compensatory strategies and aids
- Vestibular rehabilitation and balance re-training
- Aquatic therapy
- Power mobility and seating evaluation and implementation
- Augmentative communication evaluation and treatment

What Sets Us Apart

- Unique interdisciplinary team approach, which assists patients in maximizing their independence
- Highly skilled professionals trained to meet the unique needs of brain injured adults including physiatrists, speech pathologists, social workers, physical and occupational therapists, psychologists, vocational services and cognitive education specialists, and vocational rehabilitation counselors.

Referrals

Any individuals who are appropriate for this program as described above will require a referral from a physician. **For admission information or to make a referral, please call 704-355-0547 or 1-877-REHAB51. Or you may fax referral form to 704-355-7873.**